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Evaluation of the genotoxicity of cell phone radiofrequency radiation in male and female rats and mice following subchronic exposure

Abstract

The National Toxicology Program tested two common radiofrequency radiation (RFR) signals used in cell phones to assess the potential for RFR to cause cancer in rats and mice. Sprague Dawley rats were exposed to whole-body doses of gestational and postnatal exposures to 1.5 and 3 W/kg GSM-modulated RFR and 2.5 and 5 W/kg CDMA-modulated RFR for 18 hr/day, 5 d/wk for 2 GD 6 (Perinatal) day 91, respectively. In vivo alkaline comet assays were performed on brain cells from male and female rats and mice. Micronucleus assays were performed on peripheral blood erythrocytes from male and female rats and mice. Sperm morphology assays were performed on male rats and mice. Exposure to GSM- and CDMA-modulated RFR for 5 d/wk, 18 hr/day for 2 years did not induce increases in DNA damage in brain cells of male or female rats or mice. Micronucleus frequencies in peripheral blood erythrocytes were not increased in male or female rats or mice. Sperm morphology was not affected in male rats or mice. Overall, these results suggest that exposure to RFR is associated with an increase in DNA damage. Environ. Mol. Mutagen. 61:176–196, 2020. © 2019 Wiley Inc.

INTRODUCTION

Over the past few decades, cellular telephone use has become nearly ubiquitous worldwide with [cell phone subscriptions reached](#) ~7.8 billion in 2017 according to the International Telecommunication Union (ITU, 2017). Cellular telephones use radiofrequency radiation (RFR) signals. Radiofrequency radiation (RFR) is a form of electromagnetic radiation in the range of frequencies between 3 kHz and 300 GHz (Federal Communications Commission [FCC], 2019; Health Canada, 2015). The ITU-R 5.138 standard recognizes frequencies of 824–849 MHz and 1,850–1,910 MHz for transmission from cell phones to base stations (ITU, 2017). Cell phone base stations transmit in the frequency bands of 869–894 MHz and 1,930–1,990 MHz (ITU, 2017). Cell phones and base stations operate in frequency bands that are adjacent to the microwave frequency band. Therefore, cell phone radiofrequency radiation (RFR) signals are capable of adversely affecting biological systems through the induction of heating effects (Adair & Black, 2003). The ability to increase the rate for certain tissues (such as glioma and vestibular schwannoma) is a worldwide phenomenon, the [rates](#) rates for these increased risks are quite low (Hardell, Carlberg, Hansson Mild, & Mattsson, 2013; Hardell, Carlberg, & Mild, 2013; Hardell et al., 2011; Hardell and Carlberg, 2015). Commission of Kesmi et al. (2008) found that exposure to RFR from cell phones altered the expression of genes in the brain. In the past two decades, a portion of the trial may be insufficient to accurately assess cancer risk (Hardell et al., 2011; Hardell and Carlberg, 2015). Because of the widespread use of cell phones and illustrative are inconsistent and inconclusive, and many studies have methodological and experimental protocols with important limitations, indicating a need for a more definitive and reliable RFR bioassay for the evaluation of carcinogenic RFRs from cell phones (Repacholi, 2001).

Additionally, several studies of the mechanisms of the genotoxicity of certain frequencies and modulations of RFR (Lai & Singh, 1995, 1996a, 1996b, 1997; Malyapa, Straube, Kunska, Walker, & Bennett, 2001; Malyapa et al., 1997; Phillips et al., 1998; Verschaeve et al., 2010; Vijayalaxmi et al., 2001; Zhang et al., 2003; Zhang et al., 2012; Zhang et al., 2013; Zhang et al., 2014; Zhang et al., 2015; Zhang et al., 2016; Zhang et al., 2017; Zhang et al., 2018). In the current studies, interpretations of the genotoxicity studies, including the comet assay, have been difficult due to the lack of consistent findings. Comet assay findings have been reported as positive, negative, or inconclusive. Additionally, electromagnetic fields (EMF, EMF), which include the RFR wavelength range, as "possibly carcinogenic to humans" (Group 2B) (International Agency for Research on Cancer [IARC], 2013). Detailed evidence in humans on the association between RF EMF and cancer (IARC Working Group on the Evaluation of Carcinogenic Risks to Humans, 2013).

Considering the widespread use of cell phones worldwide, the National Toxicology Program (NTP) designed studies to evaluate the toxic and carcinogenic potential of phone RFR, using the whole-body exposure system. The NTP has conducted studies of cell phone RFR using the whole-body exposure system. The NTP has conducted studies of cell phone RFR using the whole-body exposure system. The NTP has conducted studies of cell phone RFR

* Sham control; no exposure to CDMA-modulated cell phone RFR.

† Dose-related trend derived from one-tailed linear regression or Jonckheere's test; the trend is significant when $P \leq 0.025$.

Table 8. DNA Damage in Female B6C3F1/N Mice Following Exposure to GSM-Modulated Cell Phone Radiofrequency Radiation (1,900 MHz) for 14 Weeks[a]

	Dose (W/kg)	% Tail DNA (100 cells)[b]	*P* value[c]	% Hedgehogs (100 cells)[b]	% Tail DNA (150 cells)[d]	*P* value	% Hedgehogs (150 cells)[d]
Frontal cortex							
	0[e]	8.11±2.13		3.40±1.47			
GSM	2.5	7.33±0.90	0.657	1.00±0.45			
	5.0	7.69±1.98	0.744	2.00±0.84			
	10.0	5.74±0.62	0.779	1.00±0.32			
		P = 0.867[f]					
Hippocampus							
	0	8.15±1.65		2.60±1.69			
GSM	2.5	6.23±1.00	0.866	0.80±0.58			
	5.0	4.54±1.29	0.923	1.20±0.58			
	10.0	5.22±1.23	0.942	1.60±1.36			
		P = 0.933					
Cerebellum							
	0	5.88±0.85		0.20±0.20			

[a] Exposure began at ~5 weeks of age. [b] Mean±SE.

[c] Pairwise comparison with the sham control group; exposed group values are significant at $P \leq 0.025$ by Williams' or Dunn's test.

[d] A comet figure was considered a hedgehog if ≥80% DNA was in the tail. % Hedgehogs = number of comets with ≥80% tail DNA/150.

[e] Sham control; no exposure to GSM-modulated cell phone RFR.

[f] Dose-related trend derived from one-tailed linear regression or Jonckheere's test; the trend is significant when $P \leq 0.025$.

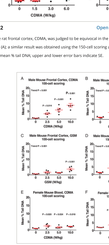

Figure 1 Open in figure viewer PowerPoint

(A,B) Male rat hippocampus, CDMA, was the only rat tissue judged to be positive in the comet assay when using the 100-cell scoring approach (A). Central horizontal bar indicates mean % tail DNA; upper and lower error bars indicate SE.

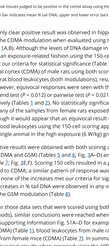

Figure 2 Open in figure viewer PowerPoint

(A,B) Male rat frontal cortex, CDMA, was judged to be equivocal in the comet assay using the 100-cell scoring approach (A); a similar result was obtained using the 150-cell scoring approach (B). Central horizontal bar indicates mean % tail DNA; upper and lower error bars indicate SE.

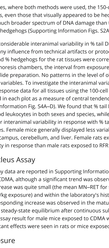

Figure 3 Open in figure viewer PowerPoint

(A–F) Mouse tissues judged to be positive in the comet assay using the 100-cell scoring approach. Central horizontal bar indicates mean % tail DNA; upper and lower error bars indicate SE.

In rats, the only clear positive result was observed in hippocampus cells of male rats exposed to the CDMA modulation when evaluated using the 100-cell scoring approach (Table 1; Fig. 1A,B). Although the levels of DNA damage in hippocampus cells were also increased in an exposure-related fashion using the 150-cell scoring approach, the increases did not meet our criteria for statistical significance (Table 1). Equivocal results were observed for the frontal cortex (CDMA) of male rats using both scoring approaches (Table 1; Fig. 2A, B). For male rat blood leukocytes (both modulations), results from scoring 100 cells were negative; however, equivocal responses were seen with the 150-cell method based on a significant trend test ($P = 0.012$) and mean tail DNA ($P = 0.021$) for CDMA- and GSM-exposed rats, respectively (Tables 1 and 2). No statistically significant increases in % tail DNA were observed in any of the samples from female rats exposed to either modulation (Tables 3 and 4). Although it would appear that an equivocal result was obtained for CMDA-exposed female rat blood leukocytes using the 150-cell scoring approach (Table 3), this result was driven by a single animal in the high exposure (6 W/kg) group.

In mice, positive results were obtained with both scoring approaches in frontal cortex of male mice (CDMA and GSM) (Tables 5 and 6; Fig. 3A–D) and blood leukocytes of female mice (CDMA) (Table 7; Fig. 3E,F). Scoring 150 cells resulted in a positive response in liver of female mice exposed to CDMA; a similar pattern of response was seen with the 100-cell scoring method, but none of the increases met our criteria for significance (Table 7). No statistically significant increases in % tail DNA were observed in any of the samples from female mice exposed to the GSM modulation (Table 8).

In general, for those data sets that were scored using both methods (100- and 150-cell scoring methods), similar conclusions were reached when considering positive or equivocal results (see Supporting Information Fig. S1A–D for examples) except for hippocampus from male rats (CDMA) (Table 1), blood leukocytes from male rats (CDMA and GSM) (Tables 1 and 2), and liver from female mice (CDMA) (Table 7). In summary, 8 of 40 tissue sets exhibited positive or equivocal results when assessed using the 100- or 150-cell scoring approaches.

In all instances, where both methods were used, the 150-cell method that included all scorable cells, even those that visually appeared to be hedgehogs before software analysis, revealed a much broader spectrum of DNA damage than the 100-cell method that excluded all apparent hedgehogs (Supporting Information Figs. S2A–D and S3A–D).

We noticed considerable interanimal variability in % tail DNA in both sexes of mice and rats. To rule out any influence from technical artifacts or protocol features, % tail DNA values for all tissues and % hedgehogs for the rat tissues were correlated to the position of slides in the electrophoresis chambers, the interval from exposure cessation to tissue collection, and the date of slide preparation. No patterns in the level of observed DNA damage emerged for any of these variables. To investigate the interanimal variability in more detail, we plotted the % tail DNA response data for all tissues using the 100-cell data set. The median % tail DNA was included in each plot as a measure of central tendency in the distribution (see Supporting Information Fig. S4A–D). We found that % tail DNA values were relatively small (<5%) in blood leukocytes in both sexes and species, while the other four tissues exhibited a much greater interanimal variability in response with % tail DNA values that exceeded 30% in some cases. Female mice generally displayed less variability in response than male mice in the hippocampus, cerebellum, and liver. Female rats exposed to RFR also seemed to show less variability in response than male rats exposed to RFR in the cerebellum.

Micronucleus Assay

The MN assay data are reported in Supporting Information Tables S1 and S2. For male mice exposed to CDMA, although a significant trend was observed for MN-RET ($P = 0.013$), the absolute increase was quite small (the mean MN-RET for sham exposure was 2.55 vs. 2.93 for the 10 W/kg exposure) and within the laboratory's historical control range (1.66–3.06), and no corresponding increase was observed in the mature erythrocyte population that should be in steady-state equilibrium after continuous subchronic exposure. Thus, the overall MN assay result for male mice exposed to CDMA was considered to be negative. No other significant effects were seen in rats or mice exposed to either modulation of RFR.

RFR Exposure

The power levels for RFR exposure were adjusted based on the average weight of all animals in a chamber. Due to normal variations in animal weights, the actual SAR in individual animals differed slightly among animals in the same exposure chamber (Wyde et al. 2018). These minor deviations were considered to have negligible effect, as no correlation between actual individual animal SAR and comet assay outcomes were seen in any of several tissues, including brain, that were examined to evaluate possible associations (data not shown).

DISCUSSION

The two main RFR modulations used for cellular telephone communication worldwide, CDMA and GSM, were tested by the NTP in the 2-year rodent cancer bioassay. The reverberation chambers used to expose the animals for the bioassay were designed by physicists and engineers from NIST and ITTS in collaboration with the NTP to overcome confounding factors that have limited the interpretation of other RFR studies. As a component of the bioassay, we examined the potential for RFR to induce DNA damage as measured by the comet assay and micronuclei damage as measured by the peripheral blood erythrocyte MN assay. Although results of the MN assays were negative, significant increases in the levels of DNA damage measured by the comet assay were seen in several tissues from rats and mice, indicating that RFR may be capable of causing increases in DNA damage.

DNA damage was primarily observed in brain tissue from male rats and mice exposed to RFR. Using the 100-cell scoring approach, the hippocampus of CDMA-exposed male rats showed a significant, exposure-related increase in % tail DNA, while no tissues in exposed female rats were found to have significant increases in % tail DNA compared to controls. Male mice exhibited significant CDMA exposure-related increases in % tail DNA compared to controls at all exposure levels in the frontal cortex, and a GSM exposure-related increase in % tail DNA compared to controls at the highest exposure level in the frontal cortex. Female mice showed small, but statistically significant, increases in % tail DNA compared to controls at all exposure levels in blood. No other potentially exposure-related patterns were apparent based on visual inspection of the % tail DNA data (see Figs. 1–3). A larger number of animals per treatment group may have improved the ability to detect increases in DNA damage; however, the size of the reverberation chambers limited the number of animals that could be used for genetic toxicity testing to 5 per treatment group, which is the standard for comet assay studies conducted at the NTP and consistent with OECD recommendations (Hartmann et al. 2003; OECD 2016).

A limitation in this study is the absence of histopathological assessment for indications of inflammation and cytotoxicity. Although histopathology was not performed on the animals used for genetic toxicity studies, an additional set of animals was removed from the 2-year cancer bioassay for histopathological evaluation at the same time as the animals used for the genetic toxicity studies. No evidence of neoplastic lesions or nonneoplastic lesions, such as inflammation or necrosis was observed in the brains or livers of these animals, which could be attributable to RFR exposure (NTP 2018a, 2018b). Furthermore, RFR-induced inflammation and necrosis were not observed in the brains or livers of rats or mice at the end of the 2-year cancer bioassay (NTP 2018a, 2018b).

The NTP bioassay was designed to evaluate nonthermal effects of cell phone RFR exposure, which meant that body temperature could not change more than 1°C under the exposure conditions. To meet that requirement, pilot studies conducted to establish acceptable SARs for the bioassay indicated that no body temperature increases over 1°C were ever detected in rats (including pregnant rats) or mice at exposures up to 6.0 or 10.0 W/kg, respectively (Wyde et al. 2016). Therefore, we consider it unlikely that thermal effects were a confounding factor for our genetic toxicity tests, although more work in general is needed to clarify the thermal effects of RFR on different tissues, and the degree to which increases in body or tissue temperature affect genomic integrity. Few studies have closely examined the relationship between increased body temperature and induction of DNA damage in mice, and there is almost no information on this relationship in rats. In one study in which the body temperatures of mice were closely monitored, an increase of ~2°C was required before increases in micronuclei were detected (Kuramoto and Shimono 1997).

Little is known about the mechanism by which RFR could induce DNA damage in the absence of heating. Unlike ionizing radiation or ultraviolet light, the radiation emitted by cell phones is not sufficiently energetic, by several orders of magnitude, to directly damage macromolecules (IARC Working Group on the Evaluation of Carcinogenic Risks to Humans 2013). Calculations by physicists and engineers suggest that RFR would have an appreciable effect on biological systems at nonthermal levels of exposure, primarily due to the damping effects of water molecules (Adair 2002, 2003; Sheppard et al. 2008; IARC Working Group on the Evaluation of Carcinogenic Risks to Humans 2013). However, our results and the results of other experiments suggest that nonthermal exposure of cells or whole organisms to RFR may result in measurable genotoxic effects, despite varied and weak responses across studies overall (Brusick et al. 1998; Ruediger 2009; Verschaeve et al. 2010). Induction of oxygen radicals or interference with DNA repair processes has been proposed as possible mechanisms by which RFR could cause DNA damage (Ruediger 2009; Yakymenko et al. 2016).

NTP Technical Reports on the results of the 2-year cancer bioassay for exposure to RFR for rats (TR 595) and mice (TR 596) were finalized, peer-reviewed, and made publicly available in 2018. The NTP concluded that results demonstrated clear evidence of carcinogenic activity of cell phone RFR (both modulations) based on incidences of malignant schwannoma of the heart in male rats. Malignant gliomas in the brain were also observed in male rats exposed to cell phone RFR and were considered to be related to exposure. Female rats exhibited malignant schwannomas of the heart and malignant gliomas, but incidences of these tumors were considered equivocal. The observation that cell phone RFR affects heart and brain tissue in Sprague Dawley rats after long-term exposure was replicated in a similar study that used only the GSM modulation by the Ramazzini Institute (Falcioni et al. 2018). The gliomas and schwannomas observed in rats are similar to the tumor types reported in some epidemiology studies to be associated with cell phone use. The NTP bioassay findings in mice, in which different tumors were affected compared to rats, were considered equivocal. Notably, spontaneous and chemically induced brain tumors are rare in rats (Sills et al. 1999), and as of 2019, only 12 out of approximately 600 test articles have shown evidence of an increase in brain tumor incidence in rats in NTP bioassays.

The U.S. Federal Communications Commission has set a guideline limit for RFR requiring that mobile devices emit an SAR of less than of 1.6 W/kg as measured in a volume containing 1 g of tissue absorbing the signal. In contrast, animals in the NTP studies received whole-body exposure to higher levels of RFR to identify potential target organs and to characterize toxicity. The highest exposure of 6 W/kg in rats and 10 W/kg in mice, for a total of 9 h 10 min a day (achieved by cycling for 10 min on, 10 min off over 18 h 20 min), produced higher exposures than experienced by humans under normal cellular phone use conditions. Thus, whether the findings in the NTP animal studies (eg, malignant gliomas in the brain and malignant schwannomas in the hearts of male rats; increased levels of DNA damage in hippocampal cells of male rats and the frontal cortex of male mice) indicate a potential for adverse health outcomes in humans remains a question. Because one of the most important questions prompted by our results concerns the mechanism(s) by which RFR might produce biological effects, follow-up studies by the NTP to investigate mechanisms of genetic damage associated with RFR exposure are underway.

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AUTHOR CONTRIBUTIONS

K.L.W., M.E.W., G.E.K., R.R.T., and J.R.B. designed the study. S.L.S., G.E.K., K.R.S., and K.L.W. analyzed the data; S.L.S., G.E.K., K.R.S., and K.L.W. prepared the manuscript with input from C.A.H., K.G.S., R.R.T., and J.R.B. K.G.S. and A.S.G. collected the tissue samples at IITRI and, together with J.W.W., conducted the genetic toxicity assays under the supervision of C.A.H. G.E.K. and K.R.S. performed statistical analyses of the data. M.E.W., M.D.S., R.R.T., C.A.H., and J.R.B. contributed important intellectual input to the study and to the manuscript, and all authors read and approved the manuscript.

CONFLICT OF INTERESTS

The authors have no competing financial interests.

Supporting Information

REFERENCES

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